STORM

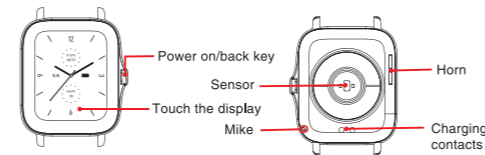## S M A R T

SM2

Watch app download

Scan the QR code to download and install the watch app or search for "Da Fit" app in the App Store

Power on/back key
Sensor
Touch the display
Mike
Horn
Charging contacts

Note: Press and hold the button to turn the watch on. While display is on, press and hold button to turn off.

How to charge Watch

Please take out the watch and the cable from the box. Hold the magnetic charging cable and match the 2 points on the back of the watch, and plug the charging jack into the power supply to charge. When the battery is fully charged, the battery grid is displayed as full.

How to attach the watch band (Silicon band only)

Pull the springbar in on the back of the band and insert the bottom end of the springbar in the lug hole of the case. Then release/insert the other side. Ensure, the long side of the band is at the bottom 6 o'clock position.

How to connect Watch with Phone

This watch has dual Bluetooth. For correct installation, connect both Bluetooth, app-side and Smart Phone Bluetooth (audio)

1. App Bluetooth connection (for data transfer)

Open the app, go to Device menu (bottom centre) and Tap Add a Device to connect to the phone. The watch name is "**STORM SM2**"

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2. Phone Bluetooth connection (for calls)

Turn on the audio switch of the watch. Swipe down in the main watch display to view the Control Centre. Tap the audio switch icon to turn on the audio as shown.

Switch phones Bluetooth on and scan/select **Audio_STORM-SM2** to pair.
The phone audio is now connected to the watch.
Tap the audio switch again to disconnect audio on the watch

Control Centre

After the watch is successfully paired, each time the app is opened in the future, the watch will automatically connect to the phone. The data can be synchronised/refreshed by pulling down the screen on the main page of the app. Re-connect phone Bluetooth if the link is disconnected.

Introduction to the Call Function

Phone Menu   Dial Pad   Call
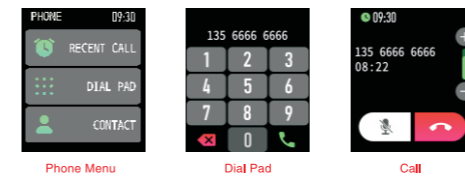
Swipe left from main watch display to view Phone menu

When the watch is connected to the phone, you can use the watch to dial-control the phone to make calls. You can answer calls from the phone on the watch, or view the watch call history.

When using the call function, please make sure that the watch is connected to the phone in a stable state.

Watch operating instructions

Change to Grid Menu

Menu Style
Choose Honeycomb or Grid

Swipe Down   Swipe Up

Main Menu

Swipe Right

Swipe Up

Swipe Left

Swipe Right

Swipe Down

Feature Page

*We recommend to switch the menu style to Grid for easier use. Tap feature icons to jump directly to the feature. Swipe up for more Features. Press button to return to main watch display.

List of Messages

Press button to return to main watch display or back from any feature screen.

Most Feature Pages have addition info.
While on the Feature display, swipe up for more info.

APP Interface

There are three main menu pages for the app at the bottom of the screen.
Today - left.   Device - Centre   Profile - Right
Please familiarise yourself with all the features and functions of the app and customise/adjust where required.

Main Watch Dial/Face

Choose from different main watch display dials. Press and hold the main watch face, swipe left or right to select the dial. Tap to confirm. You can also easily change the main watch face from the app.
Go to Device - Watch Faces
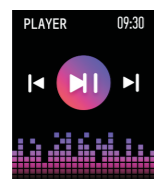
Music control

While connected, the watch can control the phone music player.

Ensure Phone Bluetooth is connected and also turned on the audio switch of the watch from the Control Centre.
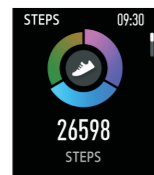
Motion information

The watch records and displays the number of steps you walk each day, the calories burned, and mileage information.
More detailed analysis and data records can be viewed in the app. Swipe up for more info.
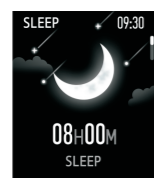

Sleep

Your watch can record and show the total length of your sleep last night and the length of your deep and light sleep. More detailed analysis and data records can be viewed in the app. Swipe up for more info.


Heart rate

The watch can record and display a heart rate throughout the day. Press on the heart rate interface to measure the current heart rate. More detailed analysis and data records can be viewed in the app. Swipe up for more info.
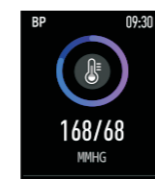
Blood pressure

Press on the blood pressure interface to measure the current blood pressure value. More detailed analysis and data records can be viewed in the app. Swipe up for more info.
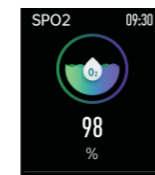

Blood oxygen

Press on the oxygen interface to measure the current oxygen value. More detailed analysis and data records can be viewed in the app. Swipe up for more info.


Weather information

This shows the current weather, air quality, and tomorrow. Weather information needs to be connected to the app before data can be obtained, and weather information cannot be updated if disconnected for a long time.
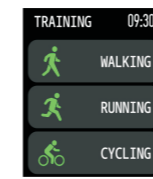

Exercise

There are many Sports modes to choose from, Including: Walking, Running, Cycling, Skipping Badminton, Football...
Press the Sport type on the watch to start. Press button to Pause/End/Save.
More detailed analysis and data records can be viewed in the app. Tap the Sport in the app under the Today menu.
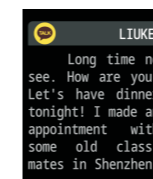

Message Notification

The watch can receive message push notifications on the watch display. Swipe up from main watch display to view message. Set push notifications on/off in the app under: Device - Notifications.
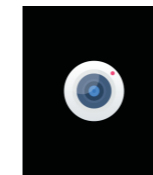
Camera control

When the phone is connected, the watch can be used as a remote control for the phone's camera. Press Camera on the watch, if the app is open, the camera will automatically open. Press camera on the watch or shake wrist to take picture. Find pictures taken in the Pictures Gallery/Folder on your phone. You can also open the Camera feature from the app under Device.
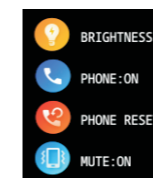
Other features

There are many other functions of the watch including: Stopwatch, Alarm, Timer, Brightness Control, Vibration Control, Do Not Disturb, Theatre/Cinema mode, Dial Switch, Reset, Power Off....

Find these functions in the Main Menu of the watch under Setting/Cog icon.

Precautions

1. Do not use charging voltage greater than 5V, charging current greater than 2A adapter, charging time of 2-3 hours.

2. Do not charge if watch or cable is in contact with water or water stains.

NOTES

1. If you have questions about the product, please contact the place of purchase.

2. The measurement results of this product are for reference only, and not for any medical purpose. Please follow your doctors advice/instructions and do not rely on the measurement results of the watch or the app for self diagnosis or treatment.

3. The exercise data may not be accurate. Depending on signal, connection, distance from phone, movement type, the data may not always be accurate.

4. This watch is only suitable for accidental water splashes, but not suitable for swimming. Please keep watch away from contact with water to avoid damage. Keep watch away from hot water splashes and steam.

5. We reserve the right to modify the manual or watch & app interface without notice. Some functions may be different depending on different software versions/upgrades, this is normal.

6. Some functions like message notification, caller ID display may not be compatible with some types of smart phones, this is normal.

Please familiarise yourself with all the features and functions of the app and customise/adjust where required.

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OFFICIAL STORM LONDON PRODUCT

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