

STORM

SMART



SM1

Compatible system and requirement

Android 4.4 or above iOS 8.0 or above

Preparation

Please ensure the watch is fully charged before first use. If you can not switch it on due to low battery, please charge it for 2-2.5 hours. When charging the "charging sign" will be displayed on the screen.

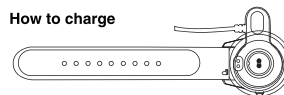


* Please charge the device once per 3 months if left idle and not in use.

How to charge

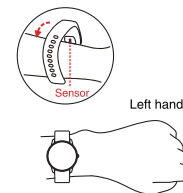
Please take out the watch and the cable from the box. Hold the charging clip and match the 2 points on the back of the watch, and plug the charging jack into the power supply to charge. When the battery is fully charged, the battery grid is displayed as full.

How to charge



How to wear watch

- 1) Wear the watch on left hand (recommended).
- 2) Ensure back sensor is touching the skin.
- 3) Adjust the band for a comfortable fit.



Connection Instruction - Download the App

- 1) Scan the QR code to download the App.
- 2) Or Search App Store/ Google Play for "DayBand" and download App.
- 3) Register account on DayBand App. Enter your e-mail address (without any space at the end) and press "GET". You will receive an email with a code. Enter the code in the Captcha section to verify your email.

Note: check junk/spam folder if you can't see the email. Allow permissions for the App to access phone data and to work correctly. Press next (top right) and set up account



Android for Google Play



iOS for App Store

How to Link Watch with Phone

- 1) Switch your phone's bluetooth on and scan/select "STORM-SM1" to pair.
- 2) Go to "Device" section at the bottom of App screen and Add device in the setting. Select "STORM-SM1" to pair.

USING THE APP

Select mode at the bottom of the screen.

TODAY

Displays Steps, Sleep, Heart Rate, Blood Pressure. Tap each mode for more info.

SPORT

Displays exercises. Tap setting icon (top right corner) to select exercises. Only 4 can be selected at a time. Tap save at top. Select type of Exercise and Tap "Start Exercising" Tap pause and then long press "End" to finish. Tap the large circle for "History Record".

DEVICE

Tap **Phone/SMS/App** turn on and allow notifications to be sent to your watch. Tap **Alarm** to set up alarms. Note App alarm is separate from the Watch Alarm. Tap **Stand Up Reminder** to set activity reminders to your watch. Tap **Find Device**, the watch will vibrate. Tap **Shake to take picture** which allows your phone to take a picture when shaking your watch. Tap **Light Up** and enable so that the watch screen will auto light up when wrist is raised. Tap **Display Timeout** and select time out duration. Tap **General** to set up/adjust other general setting. Tap **Gear** icon on top right to upgrade software/reset device/ un-link watch.

PROFILE

Adjust profile setting as required. Access Weekly Health Report for detailed health data.

USING THE WATCH

Switch watch on by pressing the button or tap/swipe sensor (bottom center).

Mode Sequence

Main time display - Steps - Heart Rate - Blood Pressure - Blood Oxygen - Sport Message - Other -

Main Time Display

Long Press to select watch main display.

Steps/ Sports

Shows amount of steps, Calories, distance of movement.

Heart Rate

The device will automatically measure the heart rate based on the setting selected in the device: General - Heart Rate Settings or Heart Rate Monitoring. You can also manually measure the heart rate from the App, select Today - Heart Rate and choose the option at the bottom. Alternatively select Heart Rate mode on the watch and wait for results.

Blood Pressure

The device will automatically measure the Blood Pressure and display results in the App. Alternatively select mode on the watch and wait for results or select Blood Pressure on the App in the Today menu and tap start.

Blood Oxygen

Select mode to measure Blood Oxygen level.

Sport

Long Press sensor to enter mode, Tap to select type of sport, long press to start, Long press again to stop. It records calorie burnt and activity time.

Message

Long Press to view messages.

Settings/ Other

Long Press to view: Find Phone / Brightness / Power off/ reset / time/ Alarm.

Tap sensor to select mode, Long Press to set.

To set the time and alarm, use a combination of tapping the sensor and pressing the button.

Tap sensor to adjust, press button to move forward, tap sensor to confirm or cancel.

To cancel alarm, select OFF and confirm.

Alternatively short press sensor to adjust, long press to confirm/move.

NOTES:

Call / Message notification: When enabled on the app and push notification permissions given, the watch will vibrate when a call or message comes.

Sleep Monitoring:

Automatically monitor sleep quality and analyse data on the App under "Today" menu.

Turn On/Off:

Long press button for Power On/Off. Alternatively select Power Off from the Other menu and Long Press to switch off.

Weekly Health Report

Access this from App - Profile - Weekly Health Report.

Permissions Setting

Access Phone App permissions Setting - Profile - permissions Setting.

Sports Data

The Sports data from watch and App are separate and not synchronised.

If you want to record and view historical data from sports such as running, cycling, skipping, use the App Sport mode and start exercise.

Q&A

1. I Can't find watch to connect with it

Please ensure the bluetooth is on and the phone software is Android 4.4 or above and iOS 8.4 or above.

If you are still unable to connect, go to your phone settings and allow all permissions for DayBand App. The app needs permissions to work correctly with the phone. Also turn on GPS Location setting. Finally restart phone and re-connect. Please ensure the watch is fully charged.

2. App data is not synchronised with the watch

Swipe down to refresh the main interface. This will manually synchronise the data. Auto-Sync data will be synchronised at first pairing, then it will be auto synchronized hourly.

3. I refreshed the App, data still not loading

Re-set device by tapping setting gear (top right) press Reset Device. Turn off watch, re-start, pair with App again, this should resolve the issue.

4. The time on watch is not accurate

When the watch is out of power, the time may become incorrect when recharged. Please re-connect with the phone and the time will be automatically synchronised. The time/date on the watch may not be accurate if it is disconnected from the phone or if the watch was powered off for a long period of time.

5. The time is still not synchronised after charging and re-connecting with the phone.

Please go to your phone settings and allow all permissions for DayBand App, swipe down to refresh the app interface.

6. The exercise data is not accurate.

Depending on signal, connection, distance from phone, movement type, the data may not always be accurate.

Specifications

OLED Screen Size	1.08" TFT
Bluetooth Version	BT 5.0
Water Resistance	IP67
Material	Silica gel
Strap Size	235mm*39mm*11.5mm
Watch Standby	Around 7days
Charging Time	2-2.5 hours
Charge Method	Clip Charger
Package	Watch, Cable, Manual

Notes

1. If you have questions about the product, please contact the place of purchase.
2. The measurement results of this product are for reference only, and not for any medical purpose. Please follow your doctors advice/ instructions and do not rely on the measurement results of the watch or the App for self diagnosis or treatment.
3. This watch is only suitable for accidental water splashes, but not suitable for swimming. Please keep watch away from contact with water to avoid damage. Keep watch away from hot water splashes and steam.
4. We reserve the right to modify the manual or Watch & App interface without notification. Some functions may be different depending on different software versions, this is normal.
5. Some functions like message notification, caller ID display may not be compatible with some types of smart phones, this is normal.



10/21

RoHS CE